

Preprocedure Instructions for

Essure

Two Days Prior to Procedure:

Starting two days prior to procedure take Motrin 800 mg (one pill) by mouth every 8 hours.

No intercourse for two days prior to procedure.

Day of Procedure:

You **MUST** have someone drive you to and from the office.

Eat a light meal and drink plenty of fluids.

Arrive at our office one hour prior to procedure time.

Bring your filled prescriptions with you to the procedure.

You are welcome to bring an iPad/iPhone or other portable device for your listening pleasure during the procedure.

When you arrive at the office on the day of your procedure:

Check in with the receptionist.

You will need to empty your bladder and provide a urine sample.

You will be medicated 30 minutes prior to your procedure.

You will be observed up to 30 minutes after your procedure.

You will need to empty your bladder prior to leaving the office.